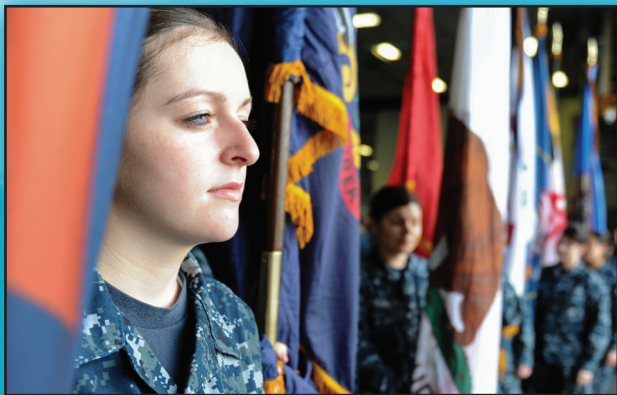




Sexual Assault PREVENTION

Resources

DoD Safe Helpline and Safe HelpRoom

www.safehelpline.org

1-877-995-5247

Text 55-247 (202-470-5546, outside the U.S.)

The Department of Defense has contracted with RAINN to provide independent and anonymous services for this hotline for the DoD community.

Military OneSource

Available 24/7

www.militaryonesource.mil

1-800-342-9647

If overseas, use the applicable access code before dialing the toll-free number.

Sexual Assault Prevention and Response Office (SAPRO)

www.sapr.mil

National Sexual Assault Hotline*

Free confidential counseling 24 hours a day

1-800-656-HOPE (4673)

National Sexual Violence Resource Center (NSVRC)*

www.nsvrc.org

PreventConnect* PreventConnect.org

Men Can Stop Rape* www.mencanstoprape.org

Rape, Abuse and Incest National Network (RAINN)*

www.rainn.org

*These organizations are non-federal entities and, as such, are not officially endorsed by the Department of the Navy or Commander, Navy Installations Command.

Commander, Navy Installations Command

Fleet and Family Support Services

Sexual Assault Prevention and Response

www.ffsp.navy.mil

Your local SAPR contact information:



SEXUAL ASSAULT PREVENTION & RESPONSE



SEXUAL ASSAULT PREVENTION & RESPONSE



The Navy's Sexual Assault Prevention and Response (SAPR) Program is designed to meet the needs of victims. Services are available to victims regardless of whether the victim knows the offender, and regardless of where and when the assault took place.

Sexual Assault Response Coordinators (SARCs) ensure that effective victim response is available 24/7. SARCs manage and support all cases of sexual assault, oversee and train SAPR Victim Advocates (VAs), train key SAPR personnel, and support prevention and awareness training at each command. A trained professional is ready to assist a victim any time of the day.

SAPR Victim Advocates (VAs) are trained civilian employees or command volunteers who:

- Respond quickly to sexual assault victims
- Provide information and explain reporting options
- Accompany victims during medical, investigative and legal procedures
- Make referrals for military and community assistance
- Help victims sort through overwhelming feelings
- Understand the military culture
- Help victims work through barriers and provide support

While not officially assigned to the Navy SAPR Program, a Navy Victims' Legal Counsel (VLC) is also available to assist in victim support and advocacy. VLCs are Navy judge advocates trained to assist, advise and advocate for victims through legal and administrative challenges. Contact your SARC or VA for more information on VLC assistance and support.

You Can Prevent a Sexual Assault!

How many times have you been with friends and witnessed something that made you feel uneasy?

Maybe it was someone trying to get another person to go home with them.

Or maybe someone was taking advantage of a person who had too much to drink.

You may have thought, “That’s none of my business.”

Or you may not have known what to do.

You could have been thinking, “I’ll wait for someone else to get involved.”

Or you may have thought that people would get angry with you for interfering.

Doing Something and Taking Action is the Right Thing to Do!



What You Need to Know

Most victims are sexually assaulted in an environment they consider safe, typically by someone with whom they are at least acquainted.

What You Can Do

Be aware of potentially dangerous situations by recognizing the red flag behaviors used by sexual assault offenders, keeping in mind that they may display other behaviors not on this list:

- Inappropriate touching
- Suggestive remarks
- Testing boundaries
- Disregarding set boundaries
- Inappropriate intimacy
- Attempts to isolate someone
- Pressuring someone to drink
- Violent behavior
- Targeting someone who is visibly impaired



Offenders may be friendly and personable when seeking out victims, so it is important to always be on the lookout for red flag behaviors. Remember, it is better to be wrong about a situation than to do nothing. Many people are reluctant to intervene because they are afraid of making a scene or they believe a person would ask for help if it were needed.

Active Intervention

HOW TO SAFELY INTERVENE

Before taking action, determine your best move. You could intervene directly, indirectly, recruit help from friends and step in as a group, or seek assistance from an authority figure.

- Approach the situation in a friendly manner. Do not be hostile and avoid using violence.
- Distract the potential victim and/or the aggressor. Direct their focus elsewhere.
- Separate the potential victim from the aggressor. Let the person know your concerns and reasons for intervening. Make sure each person gets home safely.

If You See Someone in Danger of Being Assaulted

When in doubt, trust your instincts. When a situation makes you feel uncomfortable, it’s generally a good indicator that something is not right.

- Take action and ask if the person needs help. Before stepping in, evaluate the risk. If intervening puts you in danger, call 911 instead.
- Do not leave. If you remain at the scene as a witness, the offender is less likely to do anything.
- If you know the offender, ask the person to leave the potential victim alone.

Plan Ahead

- Watch out for your friends and shipmates. Arrive together, check in with each other frequently, and leave together.
- Don’t be afraid to let friends know if you’re worried about their safety.

You can prevent sexual assault by embracing the Navy’s core values of Honor, Courage, and Commitment.

PREVENTING SEXUAL ASSAULT IS EVERYONE’S DUTY.