**YOUR Virtual FFSC WEBINAR SCHEDULE**

**TO PARTICIPATE**
Go to [mynavyfamily.com](https://mynavyfamily.com) to create a LMS account. Once logged in, access LIVE webinars to register for a session. For NMCI use [https://learning.zeiders.refineddata.com](https://learning.zeiders.refineddata.com).

### Deployment
- **Monday, July 20th** 2:00 PM EST  
  Deployment and Your Child’s Educational Needs  
- **Thursday, July 16th** 4:00 PM EST  
  Deployment and Children

### Employment
- **Wednesday, July 8th** 1:00 PM EST  
  Effective Resume Writing  
- **Tuesday, July 14th** 9:00 AM EST  
  Job Search Strategies During Challenging Economic Times  
- **Wednesday, July 15th** 1:00 PM EST  
  Information on Applying for Federal Employment  
- **Wednesday, July 15th** 1:00 PM EST  
  Salary and Negotiation Skills  
- **Thursday, July 16th** 11:00 AM EST  
  Career Planning: Planning for Your Dream Job  
- **Wednesday, July 22nd** 4:00 PM EST  
  Winning Interview Techniques  
- **Tuesday, July 28th** 9:00 AM EST  
  Virtual Interviewing Techniques  
- **Tuesday, July 28th** 4:00 PM EST  
  Financial and Employment Resources

### Finances
- **Wednesday, July 1st** 2:00 PM EST  
  Financial Readiness: Investing for Your Future  
- **Tuesday, July 7th** 3:00 PM EST  
  Understanding Survivor Benefit Plan  
- **Tuesday, July 7th** 3:00 PM EST  
  Teaching Your Teen$ About Money  
- **Wednesday, July 8th** 3:00 PM EST  
  Car Buying  
- **Wednesday, July 8th** 4:00 PM EST  
  Newly Married? Let’s Talk Money!  
- **Thursday, July 9th** 10:00 AM EST  
  Financial Responsibility in the Military  
- **Tuesday, July 14th** 1:00 PM EST  
  Saving and Investing

### Command Financial Specialist (CFS)
- **Friday, July 10th** 12:00 PM EST  
  CFS Online Certification Course: Session 1  
- **Monday, July 13th** 12:00 PM EST  
  CFS Online Certification Course: Session 2  
- **Wednesday, July 15th** 12:00 PM EST  
  CFS Online Certification Course: Session 3  
- **Friday, July 17th** 12:00 PM EST  
  CFS Online Certification Course: Session 4  
- **Monday, July 20th** 12:00 PM EST  
  CFS Online Certification Course: Session 5  
- **Wednesday, July 22nd** 12:00 PM EST  
  CFS Online Certification Course: Session 6
**Life Skills**

- **Tuesday, July 7th**
  - 2:00 PM EST: Adjusting to the “New Normal”
  - 11:00 AM EST: Organizing Your Life
  - 12:00 PM EST: Stress Management
- **Wednesday, July 8th**
  - 12:00 PM EST: Couples Communication
  - 9:00 AM EST: Stress Management
- **Thursday, July 9th**
  - 2:00 PM EST: Compassion Fatigue and Burnout
  - 2:00 PM EST: Stress Management 101
- **Friday, July 10th**
  - 5:00 PM EST: Communication Skills
  - 2:00 PM EST: Approaching Challenging Situations
- **Tuesday, July 14th**
  - 9:00 AM EST: Disaster Preparedness
- **Thursday, July 16th**
  - 1:00 PM EST: Financially Planning for a PCS
  - 4:00 PM EST: Resolving Conflict With Others
  - 2:00 PM EST: Being the Best You - Part 1
- **Wednesday, July 22nd**
  - 10:00 AM EST: Thriving In Times Of Uncertainty
  - 2:00 PM EST: Being the Best You - Part 2
  - 12:00 PM EST: Five Love Languages
- **Thursday, July 23rd**
  - 4:00 PM EST: Yikes! Emergency Organization
- **Friday, July 24th**
  - 12:00 PM EST: Suicide Prevention
- **Wednesday, July 29th**
  - 2:00 PM EST: Navigating Our New Normal

**Parenting**

- **Wednesday, July 8th**
  - 12:00 PM EST: Teens and Tweens
  - 2:00 PM EST: What about the Kids
  - 1:00 PM EST: New Moms and Dads
  - 10:00 AM EST: Dads and Discipline
  - 2:00 PM EST: Parenting Tips
- **Thursday, July 9th**
  - 9:00 AM EST: Parenting Tips
  - 1:00 PM EST: Parenting Tips
- **Friday, July 10th**
  - 11:00 AM EST: Parenting Tips
  - 4:00 PM EST: Parenting Tips
- **Wednesday, July 29th**
  - 12:00 PM EST: Parenting Tips

**Relocation**

- **Thursday, July 16th**
  - 9:00 AM EST: How to Complete A Household Goods Move
  - 1:00 PM EST: Financially Planning for a PCS
  - 10:00 AM EST: Relocation: Smooth Move
- **Thursday, July 23rd**
  - 9:00 AM EST: Relocation: Smooth Move